

Toxic Plants



POISON IVY

With Poison Ivy
remember:
"Leaves of 3, Let it be!"



POISON OAK

Call **Carolinas Poison Center** at
1-800-222-1222 if you
suspect a poisonous
plant exposure.



POISON SUMAC

Visit
www.ncpoisoncenter.org
for a list of some
potentially poisonous
plants.



Carolinan Poison Center

Uncompromising Excellence. Commitment to Care.

My Action Plan

You've learned about some potential poisons and how to avoid them. Now it's time to do some inventory in and around your own home. Your Action Plan will help you identify the problem areas in your home, determine solutions, and map out a plan for implementing the solutions.

Here's an example to help get you started. If you note that you do not have adequate storage in your garage for chemicals, paints, and other dangerous products, a possible solution would be to bring the chemicals inside to a locked area. You could also create or purchase storage units for your garage that can be locked. Your Action Plan timeline will depend on if you buy units or build them yourself. Give yourself a deadline to complete the project, so you can be accountable to make the changes.

Problem areas in my home, yard, or garage:

Solutions:

Schedule for implementing my solutions:

Checklist for Poison Proofing Your Home

Kitchen

- Are household products (detergents, cleaners, polishes) stored in high shelves in cupboards?
- If children or pets are in the home, are child safety latches on all cabinets and drawers containing household products?
- Are medications removed from all open areas such as counters, windowsills, or the top of the refrigerator?
- Are all medications, cleaning substances, and other liquids in their original containers?
- Are all potentially harmful products away from all food?

Bedroom

- Have medications been removed from dresser drawers and bedside tables?
- Are cosmetics and perfumes up high and locked away?*
- Have guests been invited to store their medicines in a locked area in your home?
- Is a working carbon monoxide detector installed outside of all sleeping areas?

Bathroom

- Are all medicines in original containers?
- Are all medicines, sprays, powders, cleaners, cosmetics, polishes, hair care, toothpaste, and mouthwash up high and locked away?*
- Are all medications given only to the people they are prescribed for?
- Are old medications disposed of properly?◇

Laundry Area

- Are all detergents, fabric softeners, whiteners, soaps, polishes, and other cleaners up high and locked away?*
- Are all drain and toilet bowl cleaners up high and locked away?*
- Have empty household containers been rinsed out and placed in a covered trashcan?

Garage/Basement

- Are insect sprays, weed killers, or pesticides up high and locked away?*
- Are all automotive supplies like antifreeze, windshield cleaner, engine cleaner, and motor oil up high and locked away?*
- Are paints, turpentine, putty, and glue up high and locked away?*
- Is a working carbon monoxide detector installed?

Around the House

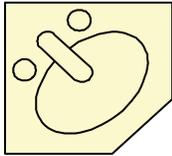
- If children or pets are in the home, are alcoholic beverages out of reach?
- If children or pets are in the home, are ashtrays empty and are cigarettes out of reach?
- Are painted objects kept in good repair?

* *Be careful when grabbing chemicals and other household products from a high place. Use a step stool or lower products slowly to avoid spills on your skin or in your eyes.*

◇ *Visit www.smarxtdisposal.net for safe ways to dispose of old medications.*

Guide to Some Potentially Dangerous Substances

KITCHEN/LAUNDRY

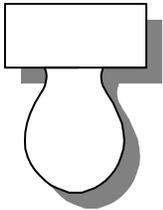


aspirin
oven cleaners
furniture polish
laundry powder

carpet cleaners
drain openers
pills
bleach

detergents
rat/ant poison
ammonia
lamp oil

BATHROOM



medications
nail polish removers
deodorants
suntan lotions
bath oil
vitamins/iron tablets

drain cleaners
hair care products
rubbing alcohol
deodorizers
creams

hand lotion
hair remover
boric acid
toilet bowl cleaners
insect repellent

BEDROOM



cosmetics
jewelry cleaner
essential oils

sleeping pills
perfume

medications
talc

GARAGE/BASEMENT WORKSHOP



carbon monoxide
paint thinner
lime
paints
rat/ant poison
fertilizer

insecticide
weed killers
lighter fluids
windshield washer
pool chemicals
turpentine

gasoline
pesticides
antifreeze
flammable liquids
battery fluid

YARD



plants*
mushrooms

berries

pesticides

**CAROLINAS POISON CENTER--Poisoning Spans a Lifetime
Program Evaluation**

Please check the box that most closely indicates your opinion of this program.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The program content was appropriate and relevant to me.					
The information was timely and current.					
The visual aids were useful.					
The overall quality of the program met my expectations.					
The presenter engaged with the class.					
I am more knowledgeable about poison safety now than before the class.					

1. What did you like most about the poison prevention presentation?

2. How could it be improved?

3. What is one thing you will take away from the class?

4. How likely are you to use the poison prevention information in your home/with family?

Not Likely

Likely

Very Likely

5. If so, how soon do you plan to use/share the information?

Immediately

In the next month

In the next 3 months

Other: _____

YES

NO

6. I did not know there was a poison center prior to this class.

7. I knew the number to the poison center prior to this class.

8. I am likely to program the poison center number into my phone.

9. I have had to call the poison center in the past.

10. I would call the poison center in the future.

If not, why?

Presentation Date:
Presenter's Name:
Your name:
City:
Zip Code:
County:
Phone:
Email:

Comments or suggestions?



Thank you for completing the poison prevention education program.